



# Where to find more information

## Smoke in the Latrobe Valley

The Latrobe Valley is experiencing smoky conditions caused by the recent coal mine fires.

It's important to reduce your exposure and protect those most at risk, especially children, the elderly, pregnant women, smokers or those with a heart or lung condition.

Where possible, stay indoors and keep windows closed or take a break away from the smoke affected area.

Contact your doctor or call **NURSE-ON-CALL** on **1300 60 60 24** if you have health concerns related to the smoke. Continue to take prescribed medication or follow your asthma plan in line with medical advice.

### SERVICE INFORMATION

Health information: [health.vic.gov.au](http://health.vic.gov.au)

Air-quality updates: [epa.vic.gov.au](http://epa.vic.gov.au)

Fire updates and community meetings: [cfa.vic.gov.au](http://cfa.vic.gov.au)